1. Cut a piece of foil that will be large enough to make yo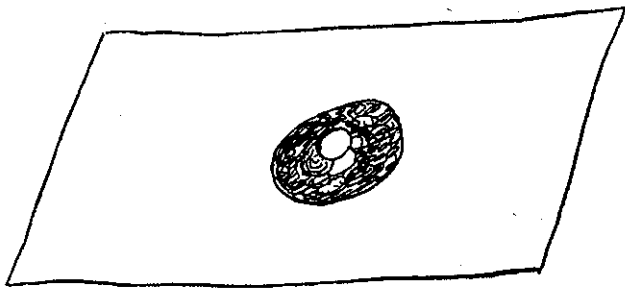ur seal. If you are using single weight, have piece large enough to fold in half for double thickness. A good idea is to cut one piece first and check on size before you cut your total needs. Do not skimp on the amount of aluminum foil you use to make your seal.
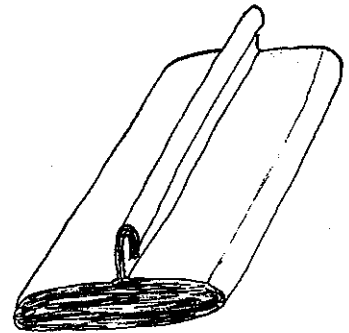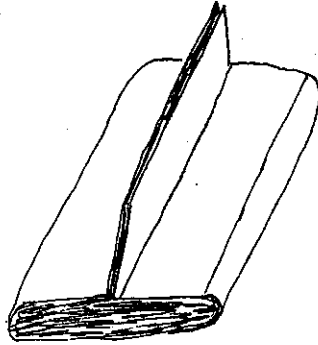
2. Place food in center of foil.

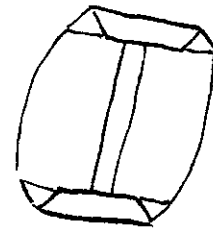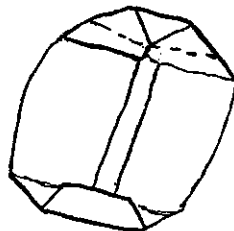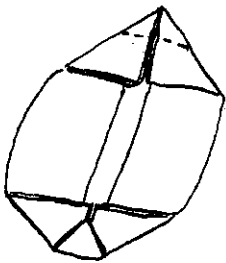3. Bring sides of foil up over the food loosely.

4. Fold the top 1/2 inch down on itself. This can be creased.
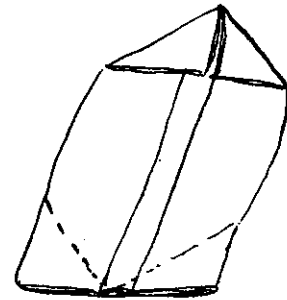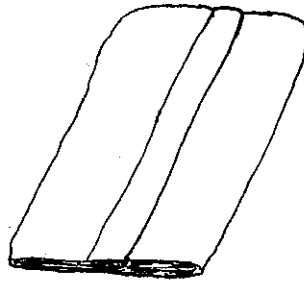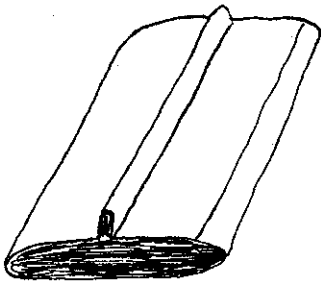
5. Fold the top down again on itself. Do not crease.

6. Fold the top down flat. Also press ends together.

7. Fold corners over, along the dotted lines.

8. Fold pointed ends over, about 1/2 inch, along dotted lines.

9. Fold ends over again.

10. This is now ready to go on the coals.

Figure 3. Steps in sealing food in aluminum foil